FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, I	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response.	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol Arena Group Holdings, Inc. [ AREN ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Sims Todd D.						Them Stoup Holanigo, me. [ Mich ]									Directo	or		10% Ov	vner
(Last) 200 VES		First)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/30/2022									Officer below)	(give title	e Other (sp below)		specify
					. 4. If	Amer	ndment	t, Date	of Original	Filed	(Month/D		6. Individual or Joint/Group Filing (Check Applica Line)					plicable	
(Street) NEW YO	ORK 1	NY	10281											X					
															Form Person		re tha	n One Repo	orting
(City)	(	State)	(Zip)																
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					Execution Date,		Transaction Dispo		Dispose	rities Acquired (A) or ed Of (D) (Instr. 3, 4 an			5. Amou Securitie Benefici Owned F	es For ally (D) Following (I) (		n: Direct r Indirect sstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) (D)	Pri	ce	Transaci (Instr. 3	ction(s)			(30. 7)
Common Stock <sup>(1)</sup> 06/30/.					)/2022	2022		M		675	675 A		(3)	44,	44,506(2)		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	4. Transa Code ( 8)		of I		6. Date Exercisa Expiration Date Month/Day/Year			Amount of Securities Underlying Derivative	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		3. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisab		xpiration ate	Title	Amou or Numb of Share	oer					
Restricted Stock	(3)	06/30/2022			M			675	(4)		(4)	Common	67:	5	\$ <del>0</del>	4,050		D	

## **Explanation of Responses:**

- 1. On February 9, 2022, the Company (formerly known as the Maven, Inc.) changed its name to The Arena Group Holdings, Inc., uplisted its common stock to the NYSE American, and began trading under the symbol "AREN.
- 2. Effective at 8:00 p.m. Eastern Time on February 8, 2022, the common stock of the Company, par value \$0.01 (the "Common Stock"), underwent a reverse split of 1-for-22 (the "Reverse Stock Split"). All amounts of Common Stock and other securities listed herein have been adjusted to reflect the effect of the Reverse Stock Split.
- 3. Each RSU represents a contingent right to receive 1 share of the Issuer's common stock.
- 4. 5/12 of the shares associated with the RSU vest on May 31, 2022, with the balance vesting in seven equal installments thereafter on the last calendar day of each month

/s/ Todd Sims

06/30/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.